

Kyler Saunders, PT, DPT

Pediatric Physical Therapist · Clinical Operations Leader

kylersaunders.com

PROFESSIONAL SUMMARY

Pediatric physical therapist and Manager of Clinical Operations at Strides Pediatric Therapy with a balanced focus on pediatric clinical care, multidisciplinary leadership, operational systems, hippotherapy programming, and evidence-informed practice. Doctor of Physical Therapy (University of Utah, 2023) with specialty strength in torticollis and cerebral palsy-related care.

EXPERIENCE

Manager of Clinical Operations · Pediatric Physical Therapist

Apr 2023 – Present

Strides Pediatric Therapy · Eagle Mountain, UT

- Direct clinical operations and supervise a multidisciplinary team of 30 therapists across PT, OT, SLP, and Mental Health services.
- Designed and implemented scheduling and onboarding systems that optimized hippotherapy barn sessions and streamlined new patient intake.
- Lead integration of new clinical programs and selection of standardized outcome measures for high-quality, data-driven pediatric care.
- Serve as primary liaison for university relations, including student placements, candidate interviews, facility tours, and academic partnerships.
- Scaled the PT department from a part-time service to a thriving practice with full-time and part-time caseloads while maintaining a consistent waitlist.
- Established a torticollis treatment program using TMR TOTS Level 1 & 2 training, contributing to a 400% increase in physician and patient referrals requesting care.
- Provide play-based and hippotherapy interventions for patients birth–22 years with cerebral palsy, POTS, developmental delay, and arthrogryposis multiplex congenita.

Clinical Rotations

Aug 2022 – Apr 2023

Utah State University Athletics / Logan Regional · Utah Valley Hospital · Logan Regional Pediatric PT

- Provided care in sports, neurological, and pediatric outpatient settings, including athletes, stroke/TBI patients, and pediatric patients with torticollis, plagiocephaly, and neurological disorders.

EDUCATION

University of Utah

Doctor of Physical Therapy (DPT) · 2023

Dixie State University

Bachelor of Science in Exercise Science (Pre-Physical Therapy Emphasis) · 2019

Research: Ball-bat contact speed and trunk flexibility by degree of shoulder/hip separation. Academic paper: The Effect of Diet on Telomere Length.

CERTIFICATIONS & LICENSURE

TMR TOTS Level 1 & 2

Active Physical Therapist License (Utah)

CORE SKILLS

Clinical operations leadership

Multidisciplinary supervision

Hippotherapy coordination

Torticollis and plagiocephaly

Pediatric physical therapy

Cerebral palsy care

Outcome measures

Clinical education

University partnerships

Sports and neuro rehab

COMMUNITY & VOLUNTEER ACTIVITIES

- **The Train Station Fitness & Kickboxing:** Assisted Parkinson's patients with training and performance.
- **Special Olympics:** Track and field coach for athletes ages 11–15, focusing on javelin.
- **Dixie State University Soccer Clinic:** Organized and launched a youth soccer clinic and trained coaches.
- **St. George Marathon:** Provided recovery massages under medical supervision.